



**200-hour Hatha Flow  
Application and Registration Form**

info@unboundyogaandwellness.com

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Training Schedule Options	
<b>In-Person Small Group</b>  Intensive - June-August 2021  Weekly - September 2021-March 2022	<b>Virtual</b>  Flexible Program - May-August 2021
<b>Program Requirements:</b> Attendance of classroom training sessions 20 Yoga Classes 40 Hours of Online Training Content 21 hours - Elective Workshops One Private 1-hour Mentor Session Homework and Reading Assignments	<b>Program Requirements:</b> 120 Hours of Online Training Content 30 Yoga Classes 21 hours - Elective Workshops 7 Group Mentor Sessions Two Private 1-hour Mentor Sessions Homework and Reading Assignments

**Required Books**

1. Teaching Yoga by Mark Stephens (ISBN: 978-1556438851)
2. Yoga Anatomy Coloring Book by Kelly Solloway (ISBN: 978-1640210219)
3. Practice You: A Journal by Elena Bower (ISBN: 978-1622039227)

## Payment Options

*Tuition paid covers all of the above scheduled time, as well as a training manual/workbook, and your certification upon completion of the program. You may take any Yoga Education Workshops, beginning as soon as your registration is complete. Early registration deadline: 4 weeks before course start date.*

**In Person + Small Group (6-12 students): Full Tuition: \$3,500    Early Registration: \$3,300**

**Flexible Virtual (12-20 students):                      Full Tuition: \$2,500    Early Registration: \$2,300**

**Pay-in-full Bonus:** Receive our textbook bundle as a gift if you pay in full at the time of registration

**Textbook Bundle: \$60**

*Includes all three required textbooks as well as and Unbound Collective shirt*

**Active Military and Spouses:** Please ask for more information

Tuition Subtotal: \$ \_\_\_\_\_

Book Bundle: \$ \_\_\_\_\_

Tuition total: \$ \_\_\_\_\_

Payment method: \_\_\_\_\_ Pay in Full \_\_\_\_\_ Payment Plan \_\_\_\_\_

## Payment Plan

*You must have a credit card on file with Concrete Yoga in order to set up a payment plan, but you may choose to make payments by check or cash. A minimum initial payment of \$500 is required to secure your registration.*

Option 1: Pay before the start date of training		Option 2: Pay before week 4 of training	
Full Tuition: \$		Full Tuition: \$	
Payment Date	Amount	Payment Date	Amount

By signing here, I authorize Concrete Yoga and Unbound Collective School of Yoga and Wellness to charge my credit card on file for the above payments. I understand that I have the right to stop the charges by submitting payment by an alternate method or contacting the school 7 days before the scheduled payment date. My authorization will remain in effect until revoked by me, my banking institution or by the school. I understand that if I remove authorization I am also revoking my right to attend training.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **Refund and Cancellation Policy:**

We commit to offer quality instruction and training in this program, and expect an equally serious commitment from our students. If you find that you need to drop out of the program, you can receive a partial refund according to the following schedule:

- Cancellation within 24 hours of registration - no charge
- Cancellation 8 or more days before training starts - 95% refund
- Cancellation 1 week before training starts or at any point thereafter - 85% refund plus tiered tuition retention based on date of cancellation:
  - \$100 retained before training start
  - \$50 retained per training hour attended after training begins
- If a training is cancelled by the school, all tuition paid will be transferred to another training or refunded
- If the student is terminated from the program for improper conduct, they will not receive a tuition refund
- If a student chooses to transfer to another training for any reason, a portion of tuition paid up to the date the transfer is requested will be retained by the school and a new deposit must be paid. Transfer students must complete 100% of the training they transfer to or forfeit all tuition paid.

## **Attendance Policy:**

You are expected to attend all scheduled sessions. Any more than 9 total hours missed may result in your inability to graduate from the program. For virtual courses, you must attend live training sessions and classes, but these are flexible.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **Waiver of Liability**

The undersigned, by signing this agreement, acknowledges that they understand the inherent risks associated with practicing yoga and hereby assumes all risk incident to said activity and waives any claim or right of action against Concrete Yoga or Unbound Collective School of Yoga and Wellness and its officers, employees, contractors, and agents for loss, expenses, liabilities, damages or legal fees incurred on account of any loss or injury to the undersigned or the undersigned's property incurred in their connection with and/or as a result of the undersigned's attendance at classes conducted by Unbound Collective School of Yoga and Wellness and/or at Concrete Yoga facilities.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Student Questionnaire and Agreement

*Please help us serve you and the whole training group by telling us more about yourself and agreeing to the following guidelines for student conduct and expectations.*

What do you hope to gain from this training?

Become a yoga teacher

Deepen my yoga practice

Enhance my current career with new skills

Other: \_\_\_\_\_

Please describe your experience with yoga:

Please describe any health or other conditions that are relevant to your participation in this training, including the practice of yoga:

By completing this program, you will be eligible to register with Yoga Alliance as a certified yoga teacher and will be equipped to deliver excellent group and private classes. The curriculum will cover a wide variety of topics, in line with the guidelines of Yoga Alliance. These topics will include the practices of yoga (postures, breathing practices, meditation, etc.), anatomy of the gross and subtle body, philosophy, history, and ethics for practicing and teaching yoga. Our curriculum is meant to be accessible to all students, and will include adaptations and modifications that are appropriate to the students in the training group. It is your responsibility as a student to share with faculty if you need any special accommodations to participate in training. We commit to support you in your learning process and make any reasonable adjustments as needed. Our goal with this training is to provide quality instruction and support you on your journey, whatever has drawn you to us. In an effort to serve this goal for all students participating in this training, we ask that all students agree to the following statements. We, as teachers, also commit to uphold these values in our training program.

*Please initial to indicate your consent of each*

\_\_\_ I agree to learn in a group environment, respectful of my teachers and students, and honoring different learning styles, backgrounds, and levels of experience.

\_\_\_ I agree to arrive at meetings and classes in a timely manner and stay for the full duration of each training day. If I must miss any time, I commit to inform my instructor of said need in a timely manner and do all that is needed to make up for missed time.

\_\_\_ I understand that the practice of yoga is at some times challenging, and at many times rewarding. I commit to this training with the full expectation that growth may come with challenges. I commit to share my challenges and accept help and support from my fellow students and teachers, and offer support to others when they need it.